Leh Ladakh Tour

Duration: (09Nights / 10Days)

Leh - Chilling - Tilat Do - Gyalpo - Gyalpo - Nyerak - Tibb Cave



Day 1:- Arrival Leh

Arrive in leh airport where you would be greeted by our representative and transfer to your hotel. Today, we would spend the day in the room itself to acclimatise to the high altitude. This is absolutely necessary and is most important for the days ahead. Overnight in the hotel.



Day 2:- Leh

Post breakfast, set out on a short sightseeing trip around leh to the various monasteries that dot this spectacular landscape. We return to the hotel/guesthouse in the afternoon and the remaining day is at leisure for you to explore leh. Overnight in the hotel/guesthouse.



Day 3:- Leh – Chilling – Tilat (Drive 3-4hrs & Trek/1hr)

Post breakfast, we take a beautiful drive through the beautiful scenery with your first views of the indus river and later the zanskar river at their confluence at nimoo. From nimoo you follow the zanskar to the roadhead at tilat do. From here we cross the zanskar and depending on the time available we camp on the other side of the river or we continue ahead a bit before setting up camp for the night. Overnight in trekking tents.



Day 4:- Tilat Do - Gyalpo

We begin the day at 7:00 am with a cup of hot tea. After breakfast, we set off on the "chadar" which will be our routine for the rest of the trek. Today, we will trek close to 10-12 kms depending on the fitness of the group. Though our objective would be to get to gyalpo we could camp earlier also in case the going gets tough during the day. This is something that we would follow all through the trek where we would keep the itinerary flexible to accommodate the group depending on fitness levels. Overnight in trekking tents.



Day 5:- Gyalpo – Tibb Cave

Post breakfast, we set off for tibb cave. Today we trek through the deep gorges of the zanskar valley with sheer cliffs on both sides. The lack of direct sunlight keeps the snow well packed for the trek. We end the day at the big cave here which is used by the locals when traversing this valley and set up camp for the night. Overnight in trekking tents.



Day 6:- Tibb Cave - Nyerak

Post breakfast, we continue the walk through the gorges to the nyerak village. Enroute we pass a large frozen waterfall which is gushing water during the non-winter season and is a stop point on our rafting. Trips down the zanskar river during the aug-sep period. Today we camp below the nyerak village and one can go up to the village in the evening. Overnight in trekking tents.



Day 7:- Nyerak - Tibb Cave

Post breakfast, we begin to retrace our steps on the return trek. Though we will be returning by the same route, a lot of the trail would have changed as the river changes by the hour during the season depending on the temperature and sunlight. So in most cases it will be like a different trail itself!! We camp overnight at the tibb cave. Overnight in trekking tents.



Day 8:- Tibb Cave - Gyalpo

We retrace our steps to Gyalpo. Overnight in trekking tents.



Day 9:- Gyalpo – Tilat Do – Leh

Today is the last trek day as we trek back towards tilat do. Here we cross the frozen zanskar for the last time and then board our vehicles to drive back to leh. Once in leh, we check into our hotel and have a relaxing hot water bath and relive the memories of this wonderful trek. Overnight in the hotel.



Day 10:- Leh departure

Transfer to the airport for your flight home..